



GULF SWIMMING OPEN MEET – GROUP D

AN INVITATIONAL MEET HOSTED BY

PACK

Premier Aquatics Club of Klein

October 13-14, 2012

A Short Course Yards Timed Finals Meet

SANCTION GUSC GUSC 13-015

- LOCATION:** Klein Oak High School Natatorium.
22603 Northcrest Drive.
Spring, TX 77389
Directions: See map attached to this announcement
- COACHES:** **Mike McCauley** Executive Director/Head Coach
Shane McCauley Head Age Group Coach
- POOL:** Eight lane, 25 yard indoor pool with non-turbulent lane lines with separate warm down area.
- TIME AND DATE:** **This is a timed-finals meet with morning (12 and under) and afternoon (13 and up) sessions on Saturday and Sunday.**
- Session 1:** Saturday Morning – October 13, 2012 (TIMED FINAL EVENTS)
Age Groups: 8 and under, 9-10, 11-12
Warm-ups*: 8:00 am – 8:45 am
Meet Starts: 9:00 am
- Session 2:** Saturday Afternoon – October 13, 2012 (TIMED FINAL EVENTS)
Age Groups: 13-14, 15 and up
Warm-ups*: 1:00 pm – 1:45 pm
Meet Starts: 2:00 pm
- Session 3:** Sunday Morning – October 14, 2012 (TIMED FINAL EVENTS)
Age Groups: 8 and under, 9-10, 11-12
Warm-ups* 8:00 am – 8:45 am
Meet Starts: 9:00 am
- Session 4:** Sunday Afternoon – October 14, 2012 (TIMED FINAL EVENTS)
Age Groups: 13-14, 15 and up
Warm-ups*: 1:00 pm – 1:45 pm
Meet Starts: 2:00 pm
- *Split warm-ups will be in effect, with assignments posted on the Gulf Swimming website.
- Lane assignments for warm-ups and timing will be designated in the psych sheet, and posted on the Gulf Swimming website by Monday October 8, 2012.
- MEET TYPE:** This meet will be run utilizing the “Flyover Starts” procedures unless a waiver is received from the Technical Planning Committee Chair. At the conclusion of each

heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the "Flyover Start" procedures.

MEET REFEREE: Andy Kushner akushner@texas.net

MEET DIRECTORS: Lyne Martin packswimming@att.net
Todd Ber entries@packswimming.com
Donna Akins

SAFETY MARSHAL: Adam Hayes

SAFETY GUIDELINES AND WARM-UP PROCEDURES:

See attached Safety Guidelines and Warm-up Procedures

SEEDING: The meet will be pre-seeded except the 400 IM and 500 Free will be deck seeded events. All events will be seeded with heats in the order of fastest to slowest. As a curiosity to the host, coaches should inform the clerk of course of swimmers not attending the meet. Empty lanes will be used to fill on deck entries.

400 IM AND 500 FREE: All swimmers must positive check in with the clerk of course for the 400 IM and 500 Free by 10:00 AM. After the events are officially closed, no one may check in or scratch. After circling in, failure to appear at the starting blocks will result in the swimmer being assessed a \$5.00 fine, payable to Gulf Swimming Administrative Vice-Chairman Henry Clark, if he/she fails to appear. The 400 IM and 500 Free will be swum alternating girls and boys heats. Swimmers must provide 2 timers and a lap counter where applicable.

ON-DECK ENTRIES: Late entries will be accepted each day up to 45 minutes before the start of the meet. Those swimmers missing the **6:00 p.m. Tuesday, October 2, 2012** deadline may enter the meet on deck in the following manner:

1. Swimmers must pay double the entry fee at the time of entry.
2. Swimmers must supply completed entry forms entered at the swimmers' best times. The swimmers will be seeded into open lanes only in the preseeded events and according to their best times in deck seeded events.
3. Swimmers must enter all events for the day 45 minutes prior to the start of the day's first event.
4. Swimmers must be qualified to swim the event entered.
5. Swimmers must not exceed the allotted number of events allowed each day.
6. The on deck entry fees still apply to swimmers who on-deck to change an entry time in a deck seeded event.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time and **times must be from USAS meets**. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert *meter (yard)* times to *yard (meter)* times. If entries are made by paper (not using Hy-Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). **No Times ARE allowed at this meet.**

Cut-off Times: None

Qualifying Times: None

Age: As of October 13, 2012

Number of Events: Swimmers may compete in up to three (3) individual events per day.

Deadline: Entries must be in the hands of the Meet Entry Chair no later than **6:00p.m. on Tuesday, October 2, 2012**. No late entries will be accepted. Do not send entries via Federal Express, etc., that require a signature; if you must send your entries by express mail, please indicate that a signature is NOT required. Mail or hand deliver entries to the Meet Entry Chair at:

Todd Ber
PO Box 11108
Spring TX 77391
281.818.0387
entries@packswimming.com

Entries: All teams entering 10 or more swimmers MUST submit their entries on a diskette or electronically via e-mail, using the HY-TEK MEET MANAGER/HY-TEK TEAM MANAGER computer software, along with a hard copy printout of the entries. Teams without HY-TEK should submit their entries on the enclosed Entry Form. A \$25.00 fee must be included with the entry fees for teams that enter 10 or more swimmers using an entry form only (without sending HY-TEK files).

Teams may electronically mail their Meet Manager files. Payments for the electronic entries and a hard copy print-out of the entries must be submitted or postmarked no later than 24 hours after the entry deadline as stated in the Meet Announcement.

Eligible Teams: Gulf only Group D – PACK, AGS, ALAC, BBSC, BLST, BRAZ, COOG, CTST, EPRC, HU, KATY, MARC, PFL, ROCC, SSS, Sugarland Lifetime Fitness, TYES

Only swimmers attached to these Gulf Swimming Group D teams or swimmers in the documented process of transferring to one of these Group D teams may participate in this invitational meet.

Fees: Five dollars and twenty five cents (\$5.25) per individual event and a two dollar (\$2.00) per swimmer facility surcharge. Make checks payable to Premier Aquatics. Entry fees must accompany entries, if delivered by any method other than email.

AWARDS: Individual events: Ribbons 1st – 8th place

SCORING: Individual Events: 9-7-6-5-4-3-2-1
All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.
All 12 & under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & under.
All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.
All 8 & under events will be swum combined but scored separately as 8, 7 and 6 & under.

RULES AND SANCTIONS:
The 2012-13 USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is either registered or certified by USA Swimming. Gulf Zone A, B, or C teams are not eligible to swim at this meet.

The three (3) event rule and up/down rule do not apply.

POOL MEASUREMENT:
The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct.

The water depth of the competition course is 12 feet measured from 1 meter to 5 meters on the starting end of the course, and 4 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Colorado Model 6000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 500 Free and 400 IM must provide 2 timers and a lap counter where applicable.

POOL DECK RESTRICTION:

Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety.

Coaches must supervise their swimmers.

Wet swimmers are not allowed in the upstairs spectator area

Food is not allowed on deck and will be confiscated if found

Audio/Video Recording Devices: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Coaches and Officials must present their membership cards in order to receive a complimentary psych sheet and for admission to the hospitality room.

PROOF OF TIME: Any swimmer that cannot prove that he/she was eligible to swim an event will be fined \$20.00 for each event he/she fails to prove. The fine or proof of time is sent to the Administrative Vice-Chairman, Henry Clark.

UNACCOMPANIED SWIMMERS:

Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SWIMMERS WITH DISABILITIES:

Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Concessions will be available

HOSPITALITY: A hospitality room will be available

MERCHANDISE: D&J Sports will be at the meet selling swim apparel and swim gear.

MEET RESULTS: **Near real time results will be available at results.teamunify.com/szgspack/** Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org), within three days after the conclusion of the meet.

ATTACHMENTS: Meet Format, Entry Verification Form, Gulf Safety Guidelines and Warm-up Procedures, Klein Oak HS Map

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Type of Meet	Timed Finals
Maximum # individual events per day	Three (3)
Swimmers eligible	Gulf Only Group D
Entry times in	SCY/SCM/LCM
Qualifying times	None
Cut-off times	None
Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual \$5.25; Swimmer Facility Surcharge \$2.00

Morning Session (12 and under)

SATURDAY, October 13, 2012 (Warm-ups: 8 am – 8:45 am, Meet Starts: 9:00 am)

Girls	Event	Boys
1	12 & Under 100 Free	2
3	9-12 100 Breast	4
5	8 & Under 25 Free	6
7	12 & Under 50 Fly	8
9	12 & Under 50 Back	10
11	9-12 200 I.M.	12
13	8 & Under 25 Breast	14
15	11-12 200 Back	16
17	11-12 200 Fly	18
19	9-12 500 Free*	20

Afternoon Session (13 and up)

SATURDAY, October 13, 2012 (Warm-ups: 1:00 pm– 1:45 pm, Meet Starts: 2:00 pm)

Girls	Event	Boys
21	13 & Over 100 Back	22
23	13 & Over 200 Breast	24
25	13 & Over 100 Free	26
27	13 & Over 100 Fly	28
29	13 & Over 200 I.M.	30
31	13 & Over 500 Free*	32

All events will be seeded fastest to slowest.

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

All 12 & under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & under.

All 9-12 events will be swum combined but scored separately as 11-12 and 9-10.

All 8 & under events will be swum combined but scored separately as 8, 7 and 6 & under.

* The 400 I.M. and 500 Freestyle will be swum alternating girls and boys heats.

400 IM & 500 Free swimmers must provide 2 timers and a lap counter where applicable.

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Enter with no time?	Yes
Gulf "three event" rule applies?	Does not apply
Gulf "up/down" rule applies?	Does not apply
Fees	Individual \$5.25; Swimmer Facility Surcharge \$2.00

Morning Session (12 and under)

SUNDAY, October 14, 2012 (Warm-ups: 8 am – 8:45 am, Meet Starts: 9:00 am)

Girls	Event	Boys
33	12 & Under 100 I.M.	34
35	8 & Under 25 Fly	36
37	11-12 200 Breast	38
39	12 & Under 50 Free	40
41	9-12 100 Fly	42
43	8 & Under 25 Back	44
45	12 & Under 50 Breast	46
47	9-12 100 Back	48
49	9-12 200 Free	50

Afternoon Session (13 and up)

SUNDAY, October 14, 2012 (Warm-ups: 1:00 pm– 1:45 pm, Meet Starts: 2:00 pm)

Girls	Event	Boys
51	13 & Over 100 Breast	52
53	13 & Over 50 Free	54
55	13 & Over 200 Fly	56
57	13 & Over 200 Back	58
59	13 & Over 200 Free	60
61	13 & Over 400 I.M.*	62

All events will be seeded fastest to slowest.

All 13 & over events will be swum combined but scored separately as 13-14 and 15 & over.

All 12 & under events will be swum combined but scored separately as 11-12, 9-10, 8, 7 and 6 & under.

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* The 400 I.M. and 500 Freestyle will be swum alternating girls and boys heats.

400 IM & 500 Free swimmers must provide 2 timers and a lap counter where applicable.

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

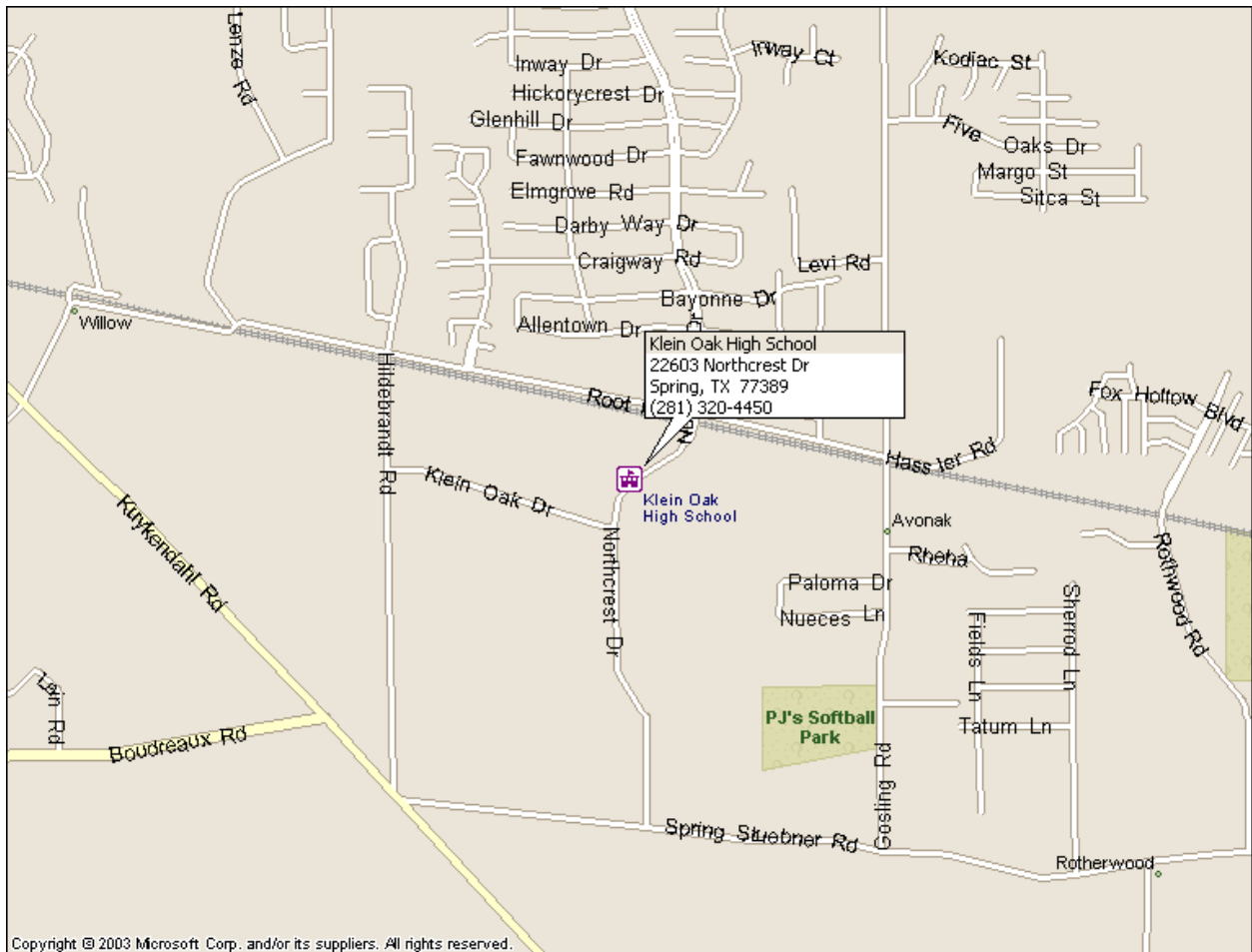
SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.
 - 4. Food and smoothies not allowed on deck.



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Spring, TX 77389

